

# Quick Reference Guide for General Practice Placements

Year 1

#### Placement aims

To prepare the students for working in the clinical environment. Themes for Clinical Practice Placement:

- Understanding how to build a relationship with a patient, opening a consultation, gaining rapport and taking a medical history
- · Performing a basic physical examination
- · An introduction to defining problems
- · Principles used in reaching a basic diagnosis

NB: this is not to imply all of this is covered in single placements.



This is most students' first experience with clinical practice, and they really enjoy meeting patients and observing consultations. Students are allocated in pairs to a GP practice. Each pair will attend your practice on two occasions. They are encouraged to take histories and perform examinations (under direct supervision), which facilitates comfort in talking to patients.

During this time students are asked to analyse consultations that they witness to use as examples for the student portfolio, which forms one of the assessments. The students visit your practice for three hours on Tuesday or Wednesday afternoons. This is 'protected time' and ideally you should see a reduced number of patients in that period to gain as much teaching potential as possible out of each encounter.



#### Feedback from a Year 1 student

"It was amazing. The GP was enthusiastic and made us feel welcome. I felt like I learnt a lot from the experience. The best aspect was being able to shadow and able to put what we've learned from lectures into a clinical setting. Also I was fortunate enough to shadow the nurses as well and see the type of patients they see. This was also a great experience."

#### **Payment**

£200 per pair of students per session is payable, plus additional funding for equipment and professional development.

## Sample Tuesday/Wednesday afternoon timetable

While having a pair of Year 1 students sitting in observing consultations, a lighter clinical workload, to facilitate questions and debrief, might look like this:

14	:30	14:40	14:50	15:00	15:10	15:20	15:30	15:40	15:50	16:00	16:10	16:20	16:30	16:40	16:50	17:00	17:10	17:20	17:30
	[Fre-bookable]	Patient Consultation	Patient Consultation	Student Catch-up	Patient Consultation	Patient Consultation	[Same Day]	Student Catch-up	Patient Consultation	[Urgent (Embargoed)]	Patient Consultation	Student Catch-up	[Same Day]	Patient Consultation	Patient Consultation	Student Catch-up	Patient Consultation	[Urgent (Embargoed)]	[Urgent (Embargoed)]

#### What is expected?

Students begin with observation of the consultation, looking at communication styles, types of questions and agendas. Students are encouraged to take histories from patients, carefully facilitated by the GP teacher. Later in the visits they are also encouraged to practise examinations. In Year 1 this involves an introduction to the examination of the cardiovascular, respiratory, and abdominal systems. This, however, is not mandatory.

Please be aware that due to the timetabling of these visits, the students attending in term 1 will be very new to the syllabus. Attending your practice may be their first experience of F2F clinical practice.

## **Assessment**

### Attendance and Clinical Skills Logbook (PORTAL App)

There is an attendance record for the clinical attachments in the Clinical Skills PORTAL (Phase One Rotation and Technical Attendance Logbook) app. GP placements must be recorded by the students themselves.

#### Family Study Essay

An essay titled: How babies affect the family, develop, and are helped to stay healthy. Students will be expected to integrate their personal experience of the Child & Family afternoons, run in the medical school, and to demonstrate knowledge gained from learning and reading. Again, these assignments are marked by our in-house facilitators.

## Portfolio

This will contain thoughts and reflections on clinical and educational experiences. The portfolio comprises three assignments across the year marked by their small-group facilitators. The underlying theme is 'reflective practice'.

## Summary of each visit

#### Visit 1 Learning Outcomes

- To understand the structure and purpose of the primary care visits
- To review structure of Primary Care and its contribution to patient care
- To observe and understand the role of the doctor in the consultation
- To begin to identify and explore the current complaint of a patient

## Visit 2 Learning Outcomes

- To begin to identify different listening skills and types of questioning
- To understand the role of the practice nurse
- Be aware of current recommendations for infant immunisation and problem areas for parents
- To develop simple listening and questioning skills when talking to patients
- · To practice taking histories from patients

There is a third afternoon as part of this programme, which is spent in a simulated home visit, taught by one of our GP facilitators on campus.

#### Feedback from a GP

"I just wanted to feed back how impressed I was with the student pair who visited the surgery this week and last. They were here on time, well presented, keen, attentive, engaged, inquisitive, ready to learn, ask questions and get stuck in with taking and presenting histories from a number of patients. The patients found them a pleasure to talk with."

#### **Year 1 Contacts**

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This guide is intended to give you a brief overview of the teaching in Year 1. There is more information available in the Year 1 GP teachers handbook. Please contact us if you experience problems or have any questions.