

2009 Annual Discourse

Prescribing wellbeing: taking an innovative and holistic approach to healthcare

Dr Sam Everington
MBBS, MRCP, Barrister, OBE

Dr Everington will take the audience on a visual tour of the Healthy Living Centre, which is part of his GP surgery at the Bromley by Bow Centre in East London. This innovative community centre supports families, young people and adults of all ages to learn new skills, improve their health and wellbeing, find employment and develop the confidence to achieve their goals and transform their lives. At the core of the Centre's thinking is the 'belief in people and their capacity to achieve amazing things'. He will focus on the patient journey at the centre, and how this innovative model could transform the future role of the GP and other medical practitioners, as well as people's lives. It could also have significant positive impact on cost savings in the context of ever-tighter resources in the NHS.

Thursday 10 December 2009 6.30pm

Chowen lecture theatre, Brighton and Sussex Medical
School, University of Sussex, Falmer BN1 9PX

RSVP by email to g.m.kay@bsms.ac.uk by November 23