

# MDM83 Nutrition in Healthcare

## Overview

This module is designed to cover the general principles of applied nutrition, nutrition guidelines and recommendations, and the cultural and societal dynamics of food choices including the effects of nutrition misinformation on such choices. An inter-professional and multi-disciplinary approach will be used.

### Who should attend:

- Doctors
- GPs
- Health Professionals

This can contribute towards continuing professional development (CPD) and also a 20 masters' level credit as part of a Postgraduate Certificate, Postgraduate Diploma or Masters award.

### Module Leaders:

Tatiana Christides and Carol Williams

### Time and Place

5 - 9 July 2010

Falmer site, University of Brighton

## Topics

- National and International Nutrition Issues – Policy and Epidemiology
- Basic nutrition principles
- Nutrition in the Life Cycle
- Food labelling, advertising and marketing
- Behavioural techniques and lifestyle change
- Food choice – whose choice? What can we do?
- Assessing own diets and evaluation of food diaries
- Delivering nutrition care – how to create an effective practice set up
- Current controversies in nutrition: diets, supplements and vitamins



## Application form

For further information and/or an application form, please contact the programme administrator, Joanna Bocking on:

Tel: 01273 644190

Email: [ipgm@bsms.ac.uk](mailto:ipgm@bsms.ac.uk)

Website: [www.bsms.ac.uk/postgraduate](http://www.bsms.ac.uk/postgraduate)

**For information on fees please email:**  
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