

BrightMed 12x3

In the Sixth Form? Do you want to study medicine at university? Plan to apply this year? We can help!

BrightMed 12x3 is a condensed version of BrightMed, the widening participation programme at Brighton and Sussex Medical School (BSMS).

This three-day residential event provides advice and guidance focusing on medicine and life as a medical student. Activities, run by BSMS staff and students, include taster classes in anatomy and the human body, clinical skills, ethics and more. We will also focus on the UCAS process and what you need to submit a strong application for medicine.



About the weekend

BrightMed 12x3 will take place over 26-28 July 2019 at BSMS. Sample activities may include:

- The human body and how it functions: an introduction to anatomy.
- Taking a patient history: Learn this important skill and improve your own communication skills.
- UCAS: What makes a good UCAS personal statement? Critiquing real personal statements.
- Mock panel interviews and mock multiple mini interviews (MMIs).
- Medical ethics: how to approach ethics in medicine.
- The multi-disciplinary team (MDT): Simulate an MDT to decide the best care for a stroke patient.
- Neurology: an introduction to the brain.
- Which med school? How medical schools differ and which would suit you best?
- Q&A with current medical students.



How to apply

Students must fulfil the following:

- Be studying A-Level Biology and Chemistry (or equivalent qualification).
- Have GCSE English and Maths at Grade B or better.

Students will need to fulfil at least one of the following funding criteria:

- Are in, or have been in, local authority care.
- Care for someone at home with a long-term illness or disability.
- Have a registered disability or educational healthcare plan.
- Have refugee or asylum seeker status in the UK.
- Parents or carers did not attend university.
- Live in an area where below average numbers of people go to university (POLAR4 data).
- Pre-16 school underperforms against the national GCSE average.
- Eligible for free school meals or receive a 16-19 college bursary.

Applications are now open and can be made online at: bsms.ac.uk/brightmed12x3.

Applications close on Friday 31 May 2019.
Applicants can expect to hear back by mid-June.



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Important information

Useful information about the residential:

- Accommodation is on the University of Sussex campus in Falmer.
- Students are expected to arrive on Thursday evening between 5-9pm OR Friday morning at 9am.
- Departure is at 3pm on Sunday.
- All food is included throughout the residential.
- Travel costs are not available.
- Application criteria and link are available online at bsms.ac.uk/brightmed.
- Support through Year 13 from a medical student e-mentor.

Contact details

For more information about the residential, contact Charlotte Smyrk on outreach@bsms.ac.uk or telephone 01273 644797.



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Previous feedback

Feedback from previous BrightMed 12x3 events includes:

"BrightMed 12x3 was informative, useful & fun – the most useful part of the weekend was gaining insight into actual personal statements."

"BrightMed 12x3 made me realise that medicine really was the course for me and that being a doctor is a career path that I really want"

"I really enjoyed the small group discussions with medical students and my group. I liked the fact that there's flexibility to go off topic but still have important discussions related to being a medical student."

"The mock multiple mini interview (MMI) was so, so useful to me! I had no idea how they were structured etc. and this helped prepare for the real thing."

