













A VIRTUAL WORK EXPERIENCE REFLECTION

I'll be sure to take on all the communication skills I've picked up
And adapt my communication style
So that I can help whoever it may be,
Help as much as I can, because that's all one can do.

Beneficence is what I aim and strive to complete,
And the autonomy for each patient is essential, you'll agree,
With whatever I do, I do with the intention of non-maleficence
And justice for all.

Sometimes I wonder, why don't I just take the easier route
Ditch this doctor ambition and the hard work
But how can you leave something you've dreamt about for so long,
Dreamt even about the stationery you'll buy to put next to your name tag on
your desk

Being a doctor is a lifelong ambition,
Something you can't shake off as easily as it may seem
It's a desire, a want, a must, a need
An itch that can only be fixed with the ointment of being a GP

What better way to call yourself than by 'doctor'
Even though I may be behind a desk,
In a clinic across the road,
I'll be making a difference where it matters most

And now with the aid of this work experience, I'm sure
Sure of what I want to do ,with a full heart and conviction I'm certain,
More certain than anything I've decided on before
I'm giving it my all.



BECOMING A GENERAL PRACTITIONER

The reason I started this project was to see whether I was fit, Fit enough to be what people would call a 'doctor'

Thinking about all the responsibilities and duties Undoubtedly overwhelms me Then I remember why I started all this

I want to be a helper, a breath of fresh air to some
I want to be part of something,
Something bigger than just a job
I want to communicate with the healthcare assistants, the
community midwives and the nurses
Like how I've seen it happen all around me

Yes, inevitably there will be challenges,
That might grind me down
Like the abnormally large number of patients
walking through those doors
Or the rising elderly in our communities
But what is life without challenges to overcome?

I want my struggles to be surrounding others Should I give her a leaflet and let her go? Or should I investigate more and find out what's hurting her the most? So many decisions I must make But what is life without decisions to make?

I want to call myself a part of something great
And what is greater than the NHS?
Which meet the health needs of everyone around
Free at the point of entry
Even if you can't pay

I want to be that sigh of relief for when people walk through those doors,
The first point of contact for when people feel wrong,
Taking their history with a smile
Reassuring them and not giving them a hard time

When I do have to break bad news I'll be sure to follow the SPIKES method With compassion i'll try, Try to make it better



