

# Advanced Physical Health Update for Psychiatrists

## 6th November 2019

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| 09:30 | <b>Arrival &amp; registration</b>   |
| 10:00 | <b>Introduction to physical health issues in mental illness</b><br><i>Dr Jason Read</i>   |
| 10:30 | <b>Update on diabetes</b><br><i>Dr David Lipscomb</i>   |
| 11:25 | <b>Break</b>  |
| 11:35 | <b>Cardiovascular risk: BP and lipids</b><br><i>Dr Michael Okorie</i>   |
| 12:30 | <b>Lunch</b>  |
| 13:30 | <b>Physical health case-based learning workshop</b><br><i>Dr Richard Kerlake, Dr Evgenia Katsoni, Dr Jason Read, Dr Samantha Perera</i><br><p>This session will involve case-based learning and small group working. Cases will cover topics such as hypertension, type 2 diabetes and metabolic syndrome as applied to individuals with serious mental illness. This session will be co-facilitated by GPs and psychiatrists and aims to reinforce learning and embed it into ongoing practice</p> |
| 15:30 | <b>Summing up</b><br><i>Dr Jason Read</i>   |
| 16:00 | <b>Close &amp; certificates</b>   |