

# Diabetes Update

14 November 2019

**09:00**    **Arrival & registration**

---

**09:30**    **Diabetes in the elderly**

*David Strain, Senior Clinical Lecturer, University of Exeter*

---

**10:15**    **NHS Long Term Plan, diabetes & prevention**

*Abigail Kitt, Senior Quality Improvement Lead for Diabetes,  
South East Clinical Networks*

---

**11:00**    **Break**

---

**11:15**    **Unusual types of diabetes – MODY**

*Ali Chakera, Consultant in Diabetes & Endocrinology,  
Brighton and Sussex University Hospitals NHS Foundation Trust*

---

**12:00**    **Diabetic Foot Project – pathways, updates and future plans**

*Adrian Lambert, SES STP Programme Manager – Diabetes,  
& Gareth Beatty, Podiatrist & Diabetic Foot Training Lead,  
Sussex & East Surrey SES STP Multi- Disciplinary Footcare Team*

---

**12:45**    **Lunch**

---

**13:30**    **The changing paradigm of the treatment of type 2 diabetes**

*Carol Gayle, Consultant Diabetologist & Clinical Lead for Diabetes  
Kings College Hospital NHS Foundation Trust*

---

**14:15**    **Advances in insulin therapies in type 1 & type 2 diabetes**

*David Russell-Jones, Professor of Diabetes & Endocrinology,  
University of Surrey*

---

**15:00**    **Break**

---

**15:15**    **Diabetes Care for You**

*David Lipscomb, Consultant in Diabetes & Endocrinology,  
& Andrew Smith, Consultant Physician,  
Diabetes Care for You & Sussex Community Foundation NHS Trust*

---

**16:00**    **Close & certificates**