Are you a woman aged 40-65 years? Do you live in Brighton, Hastings, or Eastbourne?





We would like to know your views on Women's Health and Wellbeing Services, including menopause care, infection testing, cervical and breast screening, contraception, sexual dysfunction care, incontinence services

> **WHO?** Everybody who self-identifies as a woman aged 40-65 years who lives in East Sussex is invited to take part

> > To thank you for your time we will give you a £25 High street voucher for participating

Talk in a focus group, or one-to-one with a researcher. Online or in person – **you choose!**

Interested? Please contact <u>Kiersten.simmons@nhs.net</u> (Or ask reception to email) Twitter: @KJGSimmons Phone: 01273-696-955 ext.63082 Text: 07955356974 Study webpage: http://www.bsms.ac.uk/POWER



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Are you a woman/ trans feminine person aged 40-65 years? Do you live in Brighton, Hastings, or Eastbourne?



We want to know your views on Women's Health and Wellbeing

Services, including menopause care, infection testing, cervical and breast

screening, sexual dysfunction care, incontinence services.



WHO? Everybody who self-identifies as a woman aged 40-65 years who lives in East Sussex is invited to take part

> To thank you for your time we will give you a £25 High street voucher for participating

Talk in a focus group with other women, or one-to-one with a researcher. Online or in person – **you choose!** Interested? Please contact <u>Kiersten.simmons@nhs.net</u> (Or ask reception to email) Twitter: @KJGSimmons Phone: 01273-696-955 ext.63082 Text: 07955356974 Study webpage: http://www.bsms.ac.uk/POWER



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Are you a woman aged 40-65 years? Do you live in Brighton, Hastings, or Eastbourne?



We want to know your views on Women's Health and Wellbeing

Services, including menopause care, infection testing, cervical and breast screening, contraception, sexual dysfunction care, incontinence services

WHO? Everybody who self-identifies asa woman aged 40-65 years who lives inEast Sussex is invited to take part

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Talk in a focus group, or one-toone with a researcher. Online or in person – **you choose!** Interested? Please contact <u>Kiersten.simmons@nhs.net</u> (Or ask reception to email) Twitter: @KJGSimmons Phone: 01273-696-955 ext.63082 Text: 07955356974 Study webpage: http://www.bsms.ac.uk/POWER



Scan for more info



Are you a woman who identifies as belonging to an ethnic minority? Are you aged 40-65 years? Do you live in Brighton, Hastings, or Eastbourne?



We want to know your views on Women's Health and Wellbeing

Services, including menopause care, infection testing, cervical and breast screening, contraception, sexual dysfunction care, incontinence services



WHO? Everybody who self-identifies as a woman aged 40-65 years who lives in East Sussex is invited to take part

To thank you for your time we will give you a £25 High street voucher for participating

Talk in a focus group, or one-toone with a researcher. Online or in person – **you choose!** Interested? Please contact <u>Kiersten.simmons@nhs.net</u> (Or ask reception to email) Twitter: @KJGSimmons Phone: 01273-696-955 ext.63082 Text: 07955356974 Study webpage: http://www.bsms.ac.uk/POWER



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Are you a woman aged 40-65 years? Do you live in Brighton, Hastings, or Eastbourne?

Can you help us with research exploring your views on Women's Health and Wellbeing Services, including menopause care, infection testing, cervical and breast screening, contraception, sexual dysfunction care, incontinence services, for Women aged 40-65 years in East Sussex?

To express interest please send your name and contact details to: <u>Kiersten.simmons@nhs.net</u> (Or ask reception to email) Or Twitter: @KJGSimmons Or Phone: 01273-696-955 ext.63082 Or Text: 07955356974 *For more information:* Study webpage: http://www.bsms.ac.uk/POWER Or follow the QR code:





University Hospitals Sussex NHS Foundation Trust



WHAT? Focus Groups or Personal Interviews (you choose)

WHO? Everybody who self-identifies as a woman aged 40-65 years who lives in East Sussex is invited to take part

WHERE? Convenient local location or safe online forum

WHAT'S IN IT FOR YOU? Involvement in research focused on improving NHS services and £25 High street voucher



Are you a community/ NGO/ charity/ council worker? Do you provide or signpost women aged 40-65 years to health or wellbeing care? Do you work in Brighton, Hastings, or Eastbourne?



We want to know your views on Women's Health and Wellbeing

Services, including menopause care, infection testing, cervical and breast

screening, contraception, sexual dysfunction care, incontinence services



WHO? Community, NGO, Charity and Council Workers who provide or signpost women aged 40-65 years to Women's Health and Wellbeing services

To thank you for your time we will give you a £25 High street voucher for participating

One hour interview with a researcher. Online or in person – **you choose!**

Interested? Please contact <u>Kiersten.simmons@nhs.net</u> (Or ask reception to email) Twitter: @KJGSimmons Phone: 01273-696-955 ext.63082 Text: 07955356974 Study webpage: http://www.bsms.ac.uk/POWER



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Are you a Community, NGO, Charity, or Council Worker?



Can you help us with research exploring your views on **Women's Health and Wellbeing Services,** including menopause care, STI/HIV testing, cervical and breast screening, contraception, sexual dysfunction care, and incontinence services for **Women aged 40-65 years** in East Sussex?

To express interest please send your name and contact details to: <u>Kiersten.simmons@nhs.net</u> (Or ask reception to email) Or Twitter: @KJGSimmons Or Phone: 01273-696-955 ext.63082 Or Text: 07955356974 *For more information*: Study webpage: http://www.bsms.ac.uk/POWER Or follow the QR code:



WHO? Community, NGO, and Charity Workers who provide or signpost women aged 40-65 years to Women's Health and Wellbeing services

WHAT? Personal Interviews

WHERE? Convenient local location or safe online forum (Microsoft Teams)

WHAT'S IN IT FOR YOU?

Involvement in research focused on improving NHS services. £25 High Street voucher to compensate you for time and travel



Are you a Health or Social Care Professional or a Commissioner of Services? Do you provide or signpost women aged 40-65 years to health or wellbeing care? Do you work in Brighton, Hastings, or Eastbourne?



We want to know your views on Women's Health and Wellbeing

Services, including menopause care, infection testing, cervical and breast screening, contraception, sexual dysfunction care, incontinence services

WHO? Primary and Secondary Health (from all different specialties) and Social Care Professionals, Commissioners who provide or signpost women aged 40-65 years to Women's Health and Wellbeing services

Interested? Please contact <u>Kiersten.simmons@nhs.net</u> (Or ask reception to email) Twitter: @KJGSimmons Phone: 01273-696-955 ext.63082 Text: 07955356974 Study webpage: http://www.bsms.ac.uk/POWER



Scan for more info



One hour interview with a researcher. Online or in person – **you choose!**



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Are you a Health or Social Care Professional or a Commissioner of Services?

Can you help us with research exploring your views on **Women's Health and Wellbeing Services,** including menopause care, STI/HIV testing, cervical and breast screening, contraception, sexual dysfunction care, and incontinence services for **Women aged 40-65 years** in East Sussex?

To express interest please send your name and contact details to: <u>Kiersten.simmons@nhs.net</u> (Or ask reception to email) Or Twitter: @KJGSimmons Or Phone: 01273-696-955 ext.63082 Or Text: 07955356974 *For more information*: Study webpage: http://www.bsms.ac.uk/POWER Or follow the QR code:



WHO DO WE NEED?

Primary and Secondary Health (from all different specialties) and Social Care Professionals, Commissioners who provide or signpost women aged 40-65 years to Women's Health and Wellbeing services

WHAT? Personal Interviews

WHERE? Convenient local location or safe online forum (Microsoft Teams)

WHAT'S IN IT FOR YOU?

Involvement in research focused on improving NHS services. Certificate of thanks for Continuing Professional Development.

